

# Moving from Restoration to System Recovery & New Norm

Presentation for T&W Health and Well-being Board David Evans 10th June 2020

## Framework for planning & managing the stages of the pandemic

Preparation and Immediate Response





'Moving to the 'new normal'







phase 1 - Resolve

phase 2 - Resilience

phase 3 - Return

phase 4 - Reimagine

phase 5 - Reset

Crisis response efforts

- Increased capacity, workforce, supplies
- Cancellation of elective surgery and routine outpatients
- Fast track tech-enabled changes
- Specific work in designated hospitals
- Critical Care capacity

Broader resilience plans

- Active management of patient risk
- Resetting of established structures and pathways
- Hot and cold primary care pathways
- Management of Covid and non-covid workstreams
- Staff testing
- · Staff well-being

Re-establishing essential services to recover operational performance

- Data driven prioritisation of patient groups and pathways
- Reassessment and management of PTL
- Planning for winter surge
- Allocation of lead roles for redesign of pathways
- Staff well-being

Developing our vision

- Understanding of vulnerabilities & opportunities
- Consideration of fixed vs variable costs
- Technology adoption (big data)
- Shift in preferences and expectations
- Consider what changes Adapt/Adopt/Abandon
- Understanding of critical success factors & required infrastructure

Embedding new ways of working

- •ICS and future shape of system
- •STW clinical strategy development
- •Refresh of Cluster programmes of work and system plan
- Differential population health impacts
- •Alignment of PCNs with care homes and MDTs
- •Review of urgent care, PC and system capacity assumptions
- •MH & Physical health integration

Timeline (tbc)

Months 1-2

Months 3-6

Months 2 – 12

Months 2 - 10

Months 6 – 18

LHRP Group

Utilise the current LHRP Groups to map Covid-19 learning to the above phases and new national guidance

\_

## The 8 Tests STW Must Meet

#### **Meet Patient Need**

#### Address new priorities

#### Reset to an improved health & care system

1.Covid
Treatment
Infrastructure

2. Non-Covid Urgent Care

3. Elective Care

4. Public Health burden of pandemic response

5.Staff and Carer well-being

6. Innovation

7. Equality

8. The new Health & Care landscape

Maintain the total system infrastructure needed to sustain readiness for future Covid demand and future pandemics

(e.g., capacity and surge capability in primary care, critical care, equipment, workforce, transportation, supply chain; strict segregation of health and care infrastructure; treatment innovation; role of the Nightingale)

Identify the risks; act now to minimise as much as possible; develop the plan for mitigating post pandemic

(e.g., reductions in presentations; reduced access for cancer diagnostics and treatment; implications of screening programme hiatus; care for those with long-term conditions) Quantify the backlog; act now to slow growth in backlog as much as possible; develop the plan for clearing over time

(e.g., prevention and community- based treatment, the rapid increase in 52 week waiters and the overall RTT backlog; major increase in capacity to diagnose and treat; use of independent sector for waiting list clearance)

Identify the risks; act now to minimise as much as possible; develop the plan for mitigating post pandemic

(e.g., mental illness, domestic violence, child abuse, other safeguarding issues, lack of exercise, economic hardship; retaining the positives such as handwashing/acceptance of vaccination, air quality, greater self care for minor conditions)

Catalogue the interventions now in place; identify additional actions now to support staff; develop the plan for recovery

(e.g., address workforce gaps, Support psychological burden; developing a "new compact and a new normal" for support to staff in social care, primary care, community care, mental health, critical care, acute care settings; BAME staff and carers a particular priority)

Catalogue the innovations made; determine those to be retained; evaluate; plan for widespread adoption

(e.g., virtual primary care. outpatients, remote diagnostics, new approaches to triage, workforce models, use of volunteers, remote working, pace and urgency to decision making, financial models)

Understand the needs of people and places who are the most impacted by inequalities and cocreate models based on what matters to them

(e.g., capturing the right data to inform service design, need models of identifying and reaching out proactively to meet need; integrated health and care approaches to addressing inequalities)

Catalogue the service and governance changes made and made more possible; deliver the new system

(e.g., new placebased integrated care pathways and in frastructure; configuration of specialist services; governance and regulatory landscape implications; streamlined decisionmaking)

#1 We retained resilience to deal with on-going Covid 19 and pandemic needs

LHRP Gold Command System CEO Group #2 We did everything we could to minimise excess mortality and morbidity from non Covid causes

LHRP Gold Command System CEO Group #3 We returned to the right level of access performance for elective cases prioritised by clinical need

> Elective Care Pathways Group

#4 We put in place an effective response to the other effects on public health of the pandemic

Prevention & Public Health #5 We helped our people to recover from dealing with the pandemic and established a new compact with them

People Enabler

#6 The positive innovations we made during the pandemic were retained, improved and generalised

All Enablers

#7 The new health and social care system that emerged was fundamentally better at addressing inequalities

PHM & BI

#8 The new health and social care system that emerged was materially higher quality, more productive and better governed

> ICS Development System CEO Group

### **STW ICS Principles & Expectations**

- System First A recognition that all work programmes cross all system partners
- Distributed Leadership is key, SRO roles will be System not Organisational
  - All partners will require an agile approach to plans as we transition from Restoration to Recovery,
  - ▶ a philosophy of shared understanding & learning, effective communication, transparency of progress and risk will be required.
  - ▶ The recognition that as a system all programmes of work are multi-professionally led through the SDPG
- ▶ Ability to evolve and make rapid decisions as we transition from Restoration to Recovery, we will review Governance arrangements 3 monthly at System CEO Meetings
- All Programmes of work are expected to be co-produced with relevant partners, users and stakeholders their implementation plans
- All Programmes are required to build upon accelerated transformation as a result of Covid-19 response, particularly digital acceleration (Digital where possible & appropriate) and voluntary and community sector partnerships
- ► Clear SRO responsibilities, with aligned leadership and programme support
- All programmes required to work in a system manner with regard to monitoring & reporting & will be available to all system partners
- System Risks will be addressed collectively through Programmes SRO's in the first instance and escalated to CEO's only if not able to mitigate



#### STW Vision

"Together as one we will transform health & care for our Population"

(Taken from LTP Nov 2019)

Start well



Live well



Age Well



Financially sustainable services
Enabled by:
Refreshed system strategies:

People, places & Partnerships to support well-being and self-care

Our environment, schools & communities nurture health and well-being of all children & families

Our environments & local communities help us avoid unhealthy habits and eliminate homelessness and stigma surrounding mental health

STW residents are supported to manage their Long-Term Conditions and maintain independence within their community

> STW C&E Strategy

STW Digital Strategy STW People Strategy

STW Estates Strategy STW PHM Strategy

Integration to provide joined-up community-based services

Schools and Health & Care service work together to provide seamless services to equip families with tools to manage their own health

Early support for health issues is consistently available and there is true parity of esteem between physical and mental health

As people grow older, they are supported in their community with seamless care between organisations

All hig en in

STW Residents have access to high quality 24/7 emergency mental and physical health care with care plans in place

STW residents receive

high-quality care across 7-

day week

Children & young people

have access to high quality

specialist care, with safe

and supported transitions

to adult services

All care is consistent, of high quality, safe and ensures STW residents get in and out of services / hospital as fast as possible Shropshire, Telford & Wrekin
Sustainability and Transformation Partnership
Long Term Plan 2019 - 2024
Improving bashh and care outcomes for the
population of Shropshire, Telford & Wresin



# **Capturing Innovation**

#### **Meet Patient Need**

#### Address new priorities

#### Reset to an improved health & care system

1.Covid
Treatment
Infrastructure

2. Non-Covid Urgent Care

3. Elective Care

4. Public Health burden of pandemic response

5.Staff and Carer well-being

6. Innovation

7.Equality

8. The new Health & Care landscape

Maintain the total system infrastructure needed to sustain readiness for future Covid demand and future pandemics

(e.g., capacity and surge capability in primary care, critical care, equipment, workforce, transportation, supply chain; strict segregation of health and care infrastructure; treatment innovation; role of the Nightingale)

Identify the risks; act now to minimise as much as possible; develop the plan for mitigating post pandemic

(e.g., reductions in presentations; reduced access for cancer diagnostics and treatment; implications of screening programme hiatus; care for those with long-term conditions)

Quantify the backlog; act now to slow growth in backlog as much as possible; develop the plan for clearing over time

(e.g., prevention and community- based treatment, the rapid increase in 52 week waiters and the overall RTT backlog; major increase in capacity to diagnose and treat; use of independent sector for waiting list clearance)

Identify the risks; act now to minimise as much as possible; develop the plan for mitigating post pandemic

(e.g., mental illness, domestic violence, child abuse, other safeguarding issues, lack of exercise, economic hardship; retaining the positives such as handwashing/acceptance of vaccination, air quality, greater self care for minor conditions)

Catalogue the interventions now in place; identify additional actions now to support staff; develop the plan for recovery

(e.g., address workforce gaps, Support psychological burden; developing a "new compact and a new normal" for support to staff in social care, primary care, community care, mental health, critical care, acute care settings; BAME staff and carers a particular priority)

Catalogue the innovations made; determine those to be retained; evaluate; plan for widespread adoption

(e.g., virtual primary care. outpatients, remote diagnostics, new approaches to triage, workforce models, use of volunteers, remote working, pace and urgency to decision making, financial models)

Understand the needs of people and places who are the most impacted by inequalities and cocreate models based on what matters to them

(e.g., capturing the right data to inform service design, need models of identifying and reaching out proactively to meet need; integrated health and care approaches to addressing inequalities)

Catalogue the service and governance changes made and made more possible; deliver the new system

(e.g., new placebased integrated care pathways and in frastructure; configuration of specialist services; governance and regulatory landscape implications; streamlined decisionmaking)

#1 We retained resilience to deal with on-going Covid 19 and pandemic needs

LHRP Gold Command System CEO Group #2 We did everything we could to minimise excess mortality and morbidity from non Covid causes

LHRP Gold Command System CEO Group #3 We returned to the right level of access performance for elective cases prioritised by clinical need

> Elective Care Pathways Group

#4 We put in place an effective response to the other effects on public health of the pandemic

Prevention & Public Health #5 We helped our people to recover from dealing with the pandemic and established a new compact with them

People Enabler

#6 The positive innovations we made during the pandemic were retained, improved and generalised

All Enablers

#7 The new health and social care system that emerged was fundamentally better at addressing inequalities

PHM & BI

#8 The new health and social care system that emerged was materially higher quality, more productive and better governed

ICS Development System CEO Group

# Learning Captured through Triple Lens

Clinical leaders and Frontline health and social care practitioners

Patients, service users and wider public

Quality, Finance and Performance

#### Cease

Things we implemented during covid response that were just specific to crisis

#### Pause and Evaluate

Things we have stopped during covid response that we believe we may be able to stop longer term

#### Keep and Accelerate

Things we have done during covid response we really want to keep and accelerate

#### Restore/ Redesign

Things we know we need to restart but Covid experiences suggest a different way



# Methods of Information Gathering to Inform learning about impact of changes

Clinical leaders and Front Line Health and Social Care Practitioners	Patients Service Users and Wider Public	Quality , Finance and Performance
Feedback from Clinical Leaders Group / Gold Command	Shropshire and Telford Healthwatch undertaking online surveys with Public	Monitoring data from QIAs submitted as part of service changes
Feedback mechanisms within provider organisations	Healthwatch Online Feedback Centres	Indicative cost benefit analysis for system of service changes
Feedback from LHRP Pathway groups	Provider Patient feedback Mechanism	Evaluation of available performance data for services still live in covid
Capturing of experiences/learning evolving form restore/recover groups	CCGs capture of Community Groups Views	Evaluation of available performance data for services on hold



## Timescales for Assimilating Learning

#### **Continuous Process of Information Gathering**

Collate early feedback from initial 6 weeks experience of service changes

Develop plan for feedback from LHRP groups

Develop plan for wider frontline staff feedback processes

Promote Healthwatch surveys

Establish Quality review sub group

Establish finance and performance subgroup

Collate early feedback from Use of learning to inform Restoration Phases

Incorporate initial learning into system plan submission 14th May

Implement wider feedback processes for front line health and Social care Practitioners

Synthesise emerging feedback with initial learning as system begins wider restoration of services

Initial analysis of quality, performance and financial learning available

Use of Learning to inform Refreshed System plans

Assimilate learning from local and other systems to inform what to keep and accelerate as part of refreshed System LTP submission arising from assimilated data

Re-instate refreshed transformational pathways eg Care Closer to Home

Use information to accelerate recovery of pre covid baselines

Commence engagement/consultation re permanent changes



Weeks 1-6
Mid March
to end of
April

Weeks 7-12 May to mid June Weeks 13-20
Mid June to end of July

Weeks 21-30 August to end of Sept

#### Recovery & New Normal Governance Structure (Future)

#### **Four Roles**

- 1. ICS -Oversight & Approval
- 2. CEO's -Leadership & Design
- 3. SDPG Prioritisation & Assurance
- 4. ICS Development-Setting the conditions for ICS Success

Accountability ---

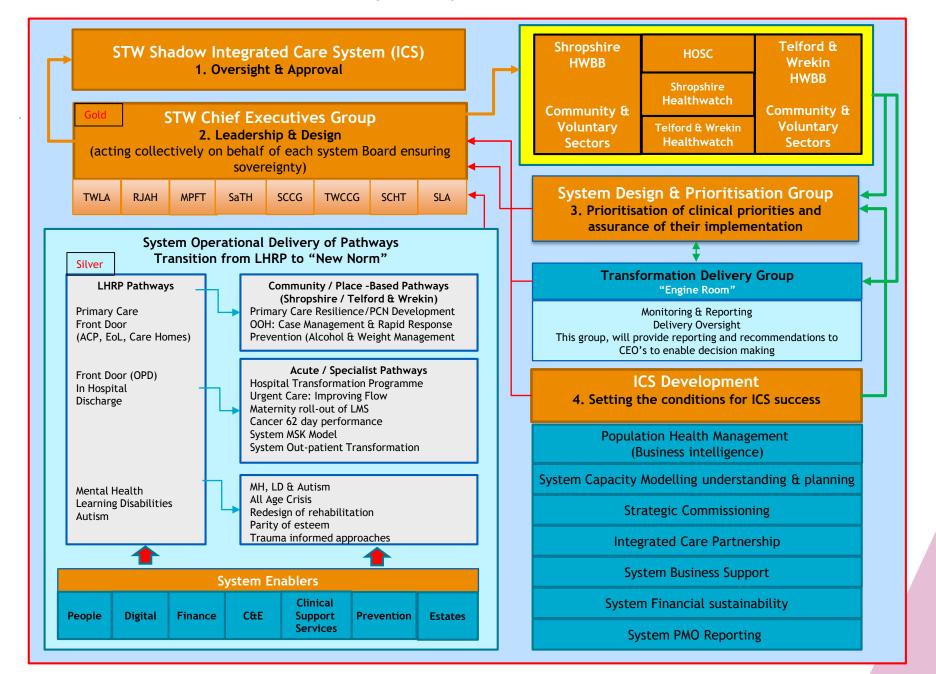
Informing ———

Transition ———

Responsibility \_\_\_\_\_

Enabling all Programmes







## System strengths in response to Covid-19

- Strong response and effective leadership from CEOs and Boards
- ► LHRP governance well established and good rhythm of meetings with all system providers across health and social care, including care home sector
- Response aligned to STP work and new governance arrangement for restore sign off agreed
- Approach to capturing learning and innovations agreed
- Workforce and OD plan developed and agreed for whole system to meet gaps and psychological impact
- Visible changes in behaviour to tackle Covid-19, innovations around digital, flexible working, hot and cold sites, inter-provider collaboration all positive
- Excellent response from community and third sector
- MOU agreed between Staffordshire and Shropshire



# Key Risks

- Ongoing impact of social distancing and compliance with IPC
- PPE equipment
- Workforce resilience
- Estate utilisation
- Establishing green and blue zones/sites
- Backlog from services stopping
- Population behaviour as log-down ceases
- Potential for second surge of Covid-19
- Care home and domiciliary care sector

